

Crops by Region of Domestication

(For Missouri Hardiness Zones 6a-7b)



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Sub-Saharan Africa

Watermelon
Bottle Gourd
Sorghum
Pearl Millet
Lagos Spinach
Black Eyed Peas
Finger Millet
Long Bean
Leaf Amaranth
Bottle Gourd
Okra
Ethiopian Kale
Teff
Cowpea / Long Beans

East Asia

Foxtail Millet
Broomcorn Millet
Barnyard Millet
Japanese Millet
Rice
Water Chestnut
Soybean / Edamame
Bunching Onion
Chinese Cabbage
Adzuki Bean
Buckwheat
Stem Lettuce
Bok Choi/Tatsoi
Taiwanese Quinoa

Eastern Mediterranean

Middle East/Egypt

Wheat
Lentils
Peas
Rye
Barley
Saffron
Arugula
Flax
Purslane

Mediterranean Europe

Brassicas
Beet / Chard
Asparagus
Radish
Turnip
Caraway
Dill
Thyme
Oregano
Rosemary
Leaf lettuce
Parsley
Fennel

Andes

Potatoes
Quinoa
Tomato
Lima Bean (big seeded)
Peanut
Ground Cherry
Mashua
Edible Canna
Sweet Potato

South and Central Asia

South Asia

Sesame
Eggplant
Walking Onion
Cucumber
Malabar Spinach
Mustard
Ginger
Holy Basil
Basil
Pigeon Pea

Central Asia

Garlic
Carrot
Onions
Leek
Shallots
Muskmelon (Persia)
Spinach (Persia)

Central America

Squash
Corn
Common Bean
Grain Amaranth
Peppers
Jicama
Mouse Melon
Tomatillo
Chia